



Norsota Lodge No. 1-602 Apple Valley, MN



Årgang 37  
Utgave 9  
September, 2022

# SONS OF NORWAY Norsota News

## Frå Presidenten:



by Chris Elwell, President

It is September! We made it through the summer and are officially entering into the fall season.

Fall tends to be a favorite season for Minnesotans. We get to reap the benefits of our planting; the temperature begins to feel more comfortable in the evenings so we open our windows and feel the cool clean air come in, and eventually we will be able to witness the extraordinary color change that occurs before the leaves fall off the trees in preparation for the next season, winter. Don't forget to enjoy apples! Apple everything, along with the spices that go with apples. You know, like breads, muffins, sausage, cider, pancakes. What do you do with apples?

Hmmm. Thinking about apples, let's see how many different apple dishes we can bring to our September meeting. **This will be new! What do you make with apples?** Make your favorite apple dish or try a new recipe! **Bring some to share in September.** We're always willing to try new things at Norsota. This will be fun!

Last month we celebrated Florence Sandve. Flo passed in June. Flo and Paul have been members for a long time and we will definitely miss Flo's infectious smile. Thank you Paul for sharing such a sweet photo of her. We know she was smiling upon us. You are an inspiration and we are lucky to have you as one of our members.

Now for the months upcoming— In **September** we will be honored to be entertained and learn from a local master wood carver, Jock Holman (norwegiantermite.com). Many of you have met Jock but Michael and I first met him at the Nordic Midsummer and he has great stories and of course is extremely talented. It will be wonderful to have him share a little about himself and his craft with us in September.

In **October**, our very own Dennis Bartholow will be sharing his passion for model trains. We've been waiting awhile to listen to Dennis share his passion for trains! If you know Dennis you know this will be super entertaining and fun. If

## Meetings and Events Calendar

September 10 6:00 pm 7:00 pm	Norsota Meeting Officers Meeting Monthly Meeting and Program Heritage Lutheran Church
October 8 6:00 pm 7:00 pm	Norsota Meeting Officers Meeting Monthly Meeting and Program Heritage Lutheran Church

Frå Presidenten continued:

you don't know Dennis, stop by and meet him!

Silent Auction comes to our lodge in **November**. As you find Nordic related items you are ready to part with, consider donating them to our silent auction! Along with our shirt/mug sales, silent auction items are how we fund our youth scholarship fund. The items folks bring to donate to this are always fascinating and fun to buy. Sometimes there are even hard core bidding wars! Come and enjoy the experience. You may even find something you never knew you had to have and it will bring you joy!

That brings us to **December** already. Let's stop here because we know December is a special meeting. There'll be more details about it as we move closer but for now, let's enjoy the fall season.

On one last note, do any of you enjoy reading Norwegian novels? My daughter brought me two paperback novels that her father-in-law enjoyed and donated to us directly from Norway. He hoped some folk would enjoy reading them too. They are crime novels written in Norwegian. One book is: *Tyvenes* written by Jan Guilou and the other is *Dronen* by Unni Lindell. Contact me if you are interested! I'd love to share these with you.

That's about it for now. What will YOU bring to share with us in September that has APPLES in it? I'm really excited to find out!

See you soon,

Chris

## Our August Meeting

By Michael Helmke

This year's corn feed was a fun and delicious meeting!



*Chris Elwell, Harriet Becker, Daryl Tweeton, Gary Lorenz, Shirley Evenstad*



*Polly Bergerson and Shirley Evenstad*

During the meeting, we celebrated some of our long time members. Including a posthumous award and pin for 47 years of Sons of Norway membership to Florence Sandve (received by her husband Paul). Paul Sandve received a 15 year membership pin. And Dave Nystuen (our former Newsletter editor) for his 25 years as a member of Norsota.

After the feasting portion of the meeting, Ginny Blood came up and, playing her Norwegian recorders, led us in an impromptu sing-along of Norwegian folk tunes.



*Dave Nystuen receiving his 25 year pin.*



*Paul Sandve receiving Florence's 47 year membership certificate.*

We welcomed visitors (and put them to work) and caught up with old friends. The corn was especially delicious as were the array of other things to eat from meatballs to coleslaw, brownies to brunkake.



*Ginny Blood*

## Jock Holmen: The Norwegian Termite

Our September Program

For our September meeting's program, we are honored and excited to welcome master wood carver Jock Holmen.

He will be speaking about the Viking Dragon carvings used in the dragon portal at Vesterheim's outdoor exhibit.

Jock has been a professional woodcarver for over 40 years. He won his first woodcarving award at the National Exhibition of Folk Art, Decorah, IA, to be followed by several other awards, including achieving his Gold Medal status in 2010.

He has received training and tutoring from various American and Norwegian master carvers, including Hans Sandom, Phillip Odden, Bjarte Aarseth, and others. Specializing in design and hand carving in the Scandinavian traditions, Jock teaches classes in flat-plane figure carving, Norwegian acanthus, timber carving, lettering and other woodcarving techniques.



## Velkommen, Baby Boom!

By Sons of Norway Staff



A pandemic-related baby boom has sent Norwegian families scrambling to find perfect names for their new additions. 2021 saw over 3,000 more births in Norway than in 2020. Thankfully, help has come from an entity with a long history flaunting imaginative naming skills: IKEA.

Employees at the Norwegian branch of the Swedish retail giant combed through its catalogs, curating a "name bank" overflowing with over 800 monikers inspired by over 70 years of flat-pack tables, chairs, chandeliers, desks, and a mish-mash of other house-



CYRIL myk, men også spretten, 1976



DIANA har alltid ryggen din, 1958

*"Cyril, come meet your new sister..."*

hold staples.

While many IKEA product labels are inspired by Swedish place names, several others have appellations associated with humans. They range from the more typical, such as Billy, a strikingly modern black and white chair from 1970, to the more exotic such as Ulrika, a dainty side table available in 1958. The names are accompanied on the website by a picture of the item, the year it was introduced, and a description in Norwegian. The descriptions can apply to both the furniture item and to your newest family member.

## September is Life Insurance Awareness Month

By Matt Kern

It's time to think about and or review your current Life Insurance to make sure you have the coverage to protect your family and loved ones.

If you're dependent on your spouse or your spouse is dependent on you for income, if you have children or grandchildren, or need additional protection to cover final expenses additional Life Insurance may be needed. It's not as expensive as it might seem and the consequences of not having any would be devastating to your family. Call me today to schedule a complimentary Life Insurance and Financial review: After All Life Insurance Is Not for the People Who Die, It Is For the People Who Live.

Special Note: Sons of Norway now offers membership discounts by purchasing a new life insurance product from their line of Whole Life products. Call me to learn all the details.

P.S. - Don't forget about Sons of Norway's great annuity products. Call to learn more about the benefits of annuities and if one is right for you. If you already own a Sons of Norway Annuity see if you are eligible to add money to your existing certificate.

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*Norsota Meetings: Heritage Lutheran Church*  
*13401 Johnny Cake Ridge Road, Apple Valley, MN*  
*Second Saturday, 7 pm; August through December, April and May;*  
*2:00 pm January through March; No meetings June or July*

## Norwegian Cinnamon Thumbs

By Sons of Norway Staff



These delicious shortbread cookies rolled in cinnamon sugar are a perfect little treat with a cup of coffee!

### Cookie Ingredients:

5 Tbsp. sugar  
 1 cup butter  
 2 cups flour  
 1 tsp. vanilla

### Ingredients for rolling:

1 tsp. cinnamon  
 ¼ cup sugar

### Directions:

Preheat the oven to 350°F.

To make the cookies, beat the sugar and butter together until fluffy. Add the flour and vanilla, and beat until the dough comes together.

Take a small amount of dough (about the size of a tennis ball), and roll it gently into a long, skinny rope 1/2" in diameter (about the width of your pinky). Using a sharp knife, cut the dough into 2" pieces, making sure to cut on the diagonal instead of straight across.

Place cookies a few inches apart on a lined baking sheet, and bake 8-10 minutes, until just beginning to turn golden on the bottom edges. Remove cookies from oven and allow to cool slightly.

While cookies are cooling, combine the cinnamon and sugar for rolling in a small bowl. When cookies are cool enough to handle, roll each one gently in the cinnamon sugar, and place on a cooling rack to finish cooling.

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