



Norsota Lodge No. 1-602 Apple Valley, MN



Årgang 37
Utgave 11
November, 2022

SONS OF NORWAY Norsota News

NORSOTA 1-602

Frå Presidenten:



Happy Full Fledged Fall!!!!

What a great time we had at the October meeting. Dennis, always leave your "fun" slides in your presentations.

In November we have a LOT going on! We will meet in the gym because we will have young dancers performing for us as well as our yearly silent auction. If you have items you'd like to donate to the auction, please come a bit early so we can be organized. There will be at least one Norwegian sweater, a couple lefse rolling pins, a lefse turner, a couple gift baskets from our Norsota-Tee store, a krumkake iron or two, and so much more. The auction supports our youth campers and our lodge.

Especially since we will have many guests at our November meeting, if you would be able to **bring a tray of open face sandwiches**, it'd be appreciated. We also love the sweet goodies too. Keep it simple. Thank you for sharing!

And to top off the November excitement, we will be holding two separate classes, one to teach you how to make rosettes and one to teach how to make kransekake. Information is provided elsewhere in this newsletter. Sign up now!

Remember that in **December we will meet at 2:00pm**. More details to come in the next newsletter.

VOLUNTEERS. May I remind you that we would really appreciate it if you would ask to be our librarian, secretary, membership secretary and refreshment organizers on our board to help keep our lodge organized and moving forward. Those of us who serve have served for many years and we love it but we would also like to mentor new blood so-to-speak. Please don't be shy. We welcome your interest and willingness to join our leadership team. We thank our new editor, Michael, for coming aboard the team and Arlene for playing music and being our cheer person. All our volunteers are SO appreciated. And remember, you may always join our board meetings that typically begin the hour before our regular meeting.

Bring your friends, neighbors, children in your life to our

(Continued Next Column)

Meetings and Events Calendar

November 12 6:00 pm 7:00 pm	Norsota Meeting Officer's Meeting Monthly Meeting and Program Heritage Lutheran Church
December 10 1:00 pm 2:00 pm	Norsota Meeting Officer's Meeting Monthly Meeting and Program Heritage Lutheran Church

(Frå Presidenten Continued)

November meeting. Let's have fun enjoying the energy of the dancers! If you can make up a pan of open faced sandwiches to go with the sweet goodies, that'd be great too.

See you soon,

Chris

Snickerdoodle Train Cake

By Chris Elwell

- 1 1/4 c flour
- 1 c sugar
- 1 tsp baking powder
- 1/2 tsp baking soda
- 1/2 tsp salt
- 1 tsp cinnamon
- 1/2 c butter, melted
- 1/2 c sour cream
- 1 tsp vanilla
- 1/4 tsp almond extract



Bowl #1: combine flour, sugar, baking powder, baking soda, salt and cinnamon.

Bowl #2: combine melted butter, sour cream, eggs, vanilla, and almond extract. Mix until well blended.

Beat on medium speed for one minute.
Pour into a greased and floured pan. I used the NordicWare Train Cake Pan.

Bake at 325 degrees for 20-27 minutes (I baked for 24 min). Cool.

Frost details with royal icing.

(Please send in a favorite recipe for our next issue!)

Frå Secretæren:



Minutes for Lodge Meeting
October 8th 2022.

Norsota Lodge 1-602 at Christian Heritage Lutheran Church began at 7:02 p.m. by Chris Elwell

31 Members and 4 guests Janet Bardahl, Jan Johnson, Greg Smith and Roseanne Bliss attended.

The flags were in place, and pledge was said. Birthday's were recognized with song and chocolate bars.

Minutes approved and Peggy gave the Treasurer report: Income \$149.20; Expenses \$76.78; Balances Checking \$1,311.91; T-shirt \$818.03; Savings \$3,907.34.

Announcements:

We are in need of a librarian; therefore, please do not make new donations to the library until we have a librarian.

November's meeting time will be 7:00 p.m. We will have a silent auction, bring your donations and Youth Dancers from St. Paul will dance for us. This meeting will be in the Gym. Please remember to bring snacks to share and anticipate we will be feeding the dancers.

December's meeting will begin at 2:00 p.m. and will feature our annual Julebord. Meetings for January through March will begin at 2:00 in the afternoon. We will discuss on-going meeting times in the Spring.

Chris announced that our long-standing member Gladys Michelson passed away.

We may be having cooking classes in November, learning to make rosettes and kransake. Let Chris know if you are interested. Availability will be limited and there may be a donation required.

Jan Johnson is researching churches and cemeteries. If you know anything about Immanuel in Rice County she will be glad to hear from you.

Rosemarie announced that Nordic Midsummer celebration will again take place on June 17, 2023 at Buck Hill.

Adjourned at 7:30 to snacks and a presentation by Dennis Barthalow on the history of trains in U.S. and Norway.

Respectfully submitted,

Polly Bergerson, Secretary

The Peer Gynt Norwegian Dancers

By Our November Program

The Peer Gynt Norwegian Dancers are the junior group of Synnøve Nordkap St. Paul Sons of Norway.



They perform at the Festival of Nations, dance in the Winter Carnival parade, compete in a frozen herring toss, bake Norwegian Christmas cookies and learn Norwegian words, songs and folk arts.

The group originated from a Stillwater 4-H Club Share the Fun act with the theme "It's a small world after all." The group won a trip to the State Fair in 1979 and has been going strong ever since — almost 40 years later!



Along with their many local performances, the Peer Gynt Norwegian Dancers have danced at the Norwegian Pavilion at Epcot Center two summers, at Scandinavian festivals in Bergen County New

Jersey, Washington Island, Wisconsin and the Hjemkomst Center in Moorhead, MN.

We are so excited to have the dancers come to perform for us! Bring guests and let's have a wonderful time celebrating with music and dance in November.

Fall Back to Sons of Norway

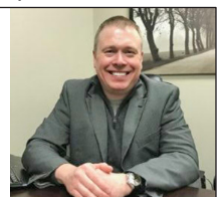
By Matt Kern

Summer is fading away and new fall routines are trying to set back in. Kids are back to school, well, maybe online school, and our Sons of Norway Lodges will hopefully be able to meet again this year on a regular schedule. With all of the uncertainty why not make this fall the time to get your complimentary financial review.

With the financial uncertainty surrounding us, Banks Low Interest Rates, Sons of Norway is still as Strong and Sound as Ever. Our conservative ways have allowed us to maintain solid rates of return for our members in good times and in bad. Our financial and insurance products as well as our financial strategies and services are structured with you in mind.

Call today to Schedule your Complimentary Review.

Matt Kern, Sons of Norway Insurance Professional
8120 Penn Ave. S., Suite 100W
Bloomington, MN 55431
Direct: (612) 802-9114
matt@kernfinancialgroup.com



Last Month's Program

By Michael Helmke

At our October meeting, Dennis Bartholow gave a fun and entertaining presentation on the history of railroading in the US and Scandinavia.

He discussed how James J. Hill's Great Northern railroad promoted low cost land deals to entice immigrants from Scandinavia and Germany who settled along the route from Minnesota to Washington State. For example, in 1882 alone, 42,000 immigrants from northern Europe settled in the Red River Valley. Hill also invested in founding schools and churches in these communities and they flourished along with the Great Northern railroad itself.



Dennis also talked model railroading as a hobby. From his own father building brass locomotives from scratch to Dennis' own successful business of updating other people's locomotives with modern digital control systems.



Give the Gift of Norsota

By Michael Helmke

With the holiday gift giving season upon us, consider giving the gift of "Norsota".

In particular, the gift of a mug, sweatshirt, hoodie, or t-shirt with our own Norsota logo on it.

Our Sweatshirts and Hoodie are a great layer of warmth to wear on your next ice fishing adventure and our Norsota Mug will keep your coffee hot any day of the week.

You can place an order any time of the day or night through our online store at:



<https://norsota-tee.com>

Each and every purchase helps support our lodge.

We will also have a small selection of products available for sale at the November and December meetings.



Lutefisk Dinners 2022

By Chris Elwell

The question was asked in October, where will there be lutefisk dinners this year. Well, I found a few options —

Saturday November 5, Minnehaha Communion Lutheran Church

Three servings: 3:00pm, 4:15pm, 5:30pm

All are invited to their annual Scandinavian themed dinner. If you enjoy that gelatinous goodness (or if you love meat balls) you won't want to miss this once a year event!

Adults: \$20 // Kids (under 10): \$10

RSVP is required, so call the office today at 612-722-9527 to reserve your seats.

Saturday November 19th, Mindekirken - The Norwegian Lutheran Memorial Church

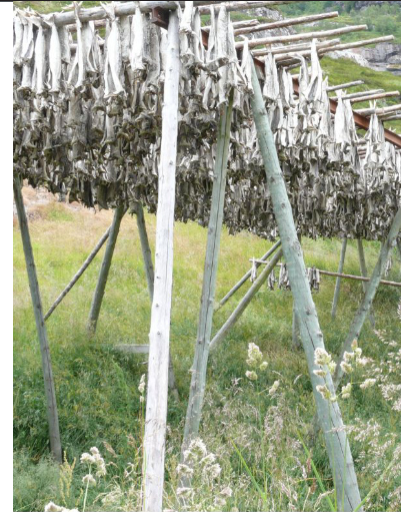
Three servings: 12:30pm, 2:30pm, 4:30pm

Tickets go on sale mid-October. Call the church office for more details: (612) 874-0716.

Friday December 2nd, Mount Olivet Lutheran Church 3:00pm – 7:00pm

Join us for the 92nd Lutefisk Dinner. Meals will include lutefisk, Swedish meatballs, rutabagas, boiled potatoes, pickled beets, and yes of course butter or white sauce!

Cost is \$25 for adults and \$5 for children. Contact the church office for more details: (612) 926-7651.



Officers: Norsota Lodge #1-602

President	Chris Elwell	651-688-0698
Vice President	Rose Marie Meuwissen	952-440-1066
Secretary	Polly Bergerson	612-419-1789
Treasurer	Peggy Miller	952-807-7706
Counselor		
Membership Secretary	Marlys Shelton	952-890-5177
Program / Cultural	Sharon Babcock	651-344-3468
Program / Cultural	Shirley Evenstad	612-861-4793
Program / Cultural	Peggy Miller	952-891-1466
Recreation	Manfred Shelstad	952-890-6826
Scholarship / Youth Dir.	Sandy Brandt	952-707-0649
Librarian		
Publicity	Polly Bergerson	612-419-1789
Newsletter Editor	Michael Helmke	916-616-4979
Mailer	Chris Elwell	651-688-0698
Greeter	Lowell Shelton	952-890-5177
Greeter	Arlene Wiekert	612-244-5974
Trustee - 3 Yr.	Daryl Tweeton	952-985-9134
Trustee - 2 Yr.	Gary Eagan	952-758-3810
Trustee - 1 Yr.	Lowell Gemsey	952-890-4915
Music	Arlene Wiekert	612-244-5974
Cheer	Arlene Wiekert	612-244-5974
Refreshments	Jackie Tweeton	952-985-9134

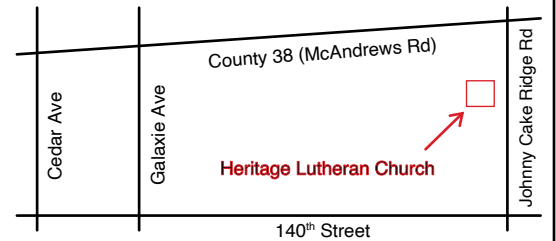
Norsota's Insurance Professional:
Matthew M. Kern
Phone: 612-802-9114
Email: matt@kernfinancialgroup.com

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Norsota Meetings: Heritage Lutheran Church
13401 Johnny Cake Ridge Road, Apple Valley, MN
Second Saturday, 7 pm; August through November, April and May;
2:00 pm December through March; No meetings June or July



Cooking Classes

By Chris Elwell

We will be holding two cooking classes in November!

These classes will be held at my home in Eagan. I have a large granite counter top with lots of outlets and space for us to see what's happening.

Sign up by sending an email with your choice of class or classes to: cooking@norsota602.com. You will receive confirmation of your sign up which will include my address.

LIMIT: 8 guests per class.

ROSETTES CLASS Monday, November 21th

We will begin promptly at 1:30pm. If you have an iron(s) and want to use them, bring them.



(Cooking Class Continued)

Shirley and Peggy will show us how to make the batter just right and teach us how to use the irons and make rosettes.

KRANSEKAKE CLASS Tuesday, November 22th

We will begin promptly at 1:30pm.

If you want to make one of your own using your own pans, please bring your pans. Also, bring 12oz slivered almonds, 12oz sliced almonds (I get mine at Aldi's; or you can also buy bulk), 32oz bag powdered sugar, and 4 eggs.



District 1 Facebook: <https://norsota602.com/district1-facebook>

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